



## **Mad Hatters Concise Allergen Information Pack**

At Mad Hatters, we take food allergies very seriously and as such we want to make sure that we not only comply with the law but also make sure our clients can eat our food in an informed environment which is made as safe as possible.

We have compiled a very detailed pack for you, listing each buffet item and food options, listing all allergens individually contained within your chosen buffet. Our allergen information covers the 14 major allergens: Celery, Cereals containing Gluten ( to include Wheat, Spelt, Rye, Barley & Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites and Nuts.

The allergy data detailed below has been derived from supplier specifications of allergenic ingredients within their food items. This information is subject to change and updated by our suppliers in real time. We have spoken to Trading Standards and they have advised the best course of action to comply is to update allergy information on a regular basis and as such we have a policy in place to monitor changes and to update our website if any changes occur within this framework.

We have taken all reasonable steps to ensure that the information provided is accurate. However, we **can not** guarantee that any product is 100% free from any allergen due to the small risk of cross contamination, risks in production, supply and preparation.

Please note, we prepare food in kitchens with products containing all 14 food allergens . If you suffer from sensitive trace reactions for stated allergens, please be aware we are unable to guarantee suitability for you.

Please make sure that your Allergy Pack is readily available to all delegates eating from our buffets. Please note, full information is also available on our website [www.madhatters-catering.com](http://www.madhatters-catering.com) and delegates can also be directed there. Any issues, we are available to speak within office hours on 02920 400003

## **Detailed Allergen Information for All Buffets**

### Meat Sandwiches Fillings

Chicken Salad **Gluten, Milk, Soya, Sesame, Mustard**

Chicken Mayo **Gluten, Milk, Soya, Sesame, Mustard, Egg**

Chicken Tikka **Gluten, Milk, Soya, Sesame, Mustard, Egg**

BBQ Chicken **Gluten, Milk, Soya, Sesame, Mustard, Celery**

Lemon Chicken **Gluten, Milk, Soya, Sesame, Mustard, Egg**

Southern Fried Chicken & Mayo **Gluten, Milk, Soya, Sesame, Mustard, Egg, Celery**

Chicken & Bacon **Gluten, Milk, Soya, Sesame, Mustard, Egg**

Ham Salad **Gluten, Milk, Soya, Sesame, Mustard**

Ham & Cheese **Gluten, Milk, Soya, Sesame, Mustard**

Ham & Mustard Mayo **Gluten, Milk, Soya, Sesame, Mustard, Egg**

Ham & Coleslaw **Gluten, Milk, Soya, Sesame, Mustard, Egg**

Pork & Stuffing **Gluten, Milk, Soya, Sesame**

Patrami & Cheese **Gluten, Milk, Soya, Sesame,**

Roast Beef Salad **Gluten, Milk, Soya, Sesame**

Beef, Tomato & Mustard Mayo **Gluten, Milk, Soya, Sesame, Mustard, Egg**

Turkey Salad **Gluten, Milk, Soya, Sesame**

Turkey & Stuffing **Gluten, Milk, Soya, Sesame**

Prawn Mayonnaise **Gluten, Crustaceans, Milk, Soya, Sesame, Mustard, Egg**

Salmon & Cream Cheese **Gluten, Fish, Milk, Soya, Sesame**

Pink Salmon and Cucumber **Gluten, Fish, Milk, Soya, Sesame, Mustard, Egg**

Thai Style King Prawn & Salad **Gluten, Crustaceans Milk, Soya, Sesame**

Tuna & Cucumber **Gluten, Fish, Milk, Soya, Sesame, Mustard, Egg**

Tuna & Sweetcorn **Gluten, Fish, Milk, Soya, Sesame, Mustard, Egg**

### Vegetarian Sandwiche Fillings

Egg Salad **Gluten, Milk, Soya, Sesame, Egg**

Egg Mayonnaise **Gluten, Milk, Soya, Sesame, Egg**

Cheese Ploughmans **Gluten, Milk, Soya, Sesame, Sulphites**

Cheese Salad **Gluten, Milk, Soya, Sesame**

Y Fenni Salad **Gluten, Milk, Soya, Sesame Mustard**

Mixed Cheese & Spring Onion **Gluten, Milk, Soya, Sesame**

Cream Cheese & Roasted Peppers **Gluten, Milk, Soya, Sesame**

Mozzarella, Mixed leaf & Sun dried Tomatoes **Gluten, Milk, Soya, Sesame**

Cheese & Tomato Chutney **Gluten, Milk, Soya, Sesame, Mustard & Celery**

Cheese & Caramalised Red Onion **Gluten, Milk, Soya, Sesame**

Homous & Roasted Pepper **Gluten, Milk, Soya, Sesame**

### Vegan Sandwich Filings

Vegan Cheese & Avocado **Gluten, Soya, Sesame**

Vegan Cream Cheese & Roasted Peppers **Gluten, Milk, Soya, Sesame**

Butter Bean, Spinach & Sun Dried Tomatoes **Gluten, Milk, Soya, Sesame**

### Dairy Free Sandwich Filings

Ham salad **Gluten Soya, Sesame**

Beef Salad **Gluten Soya, Sesame**

Slice Egg Salad **Gluten Soya, Sesame**

Vegan Cream Cheese & Roasted Peppers **Gluten Soya, Sesame**

### Gluten Free Sandwich Fillings

Ham Salad **Milk, Soya, Sesame**

Chicken Salad **Milk, Soya, Sesame**

Beef Salad **Milk, Soya, Sesame**

Cheese Salad **Milk, Soya, Sesame**

Egg Salad **Milk, Soya, Sesame, Egg**

Strictly Business Menu

Meat Sandwiches **DETAILED AS ABOVE**

Vegetarian Sandwiches **DETAILED AS ABOVE**

Breaded Mozzarella Sticks **GLUTEN, MILK, SOYA,**

Pork Pies **GLUTEN**

Mustard Dip **MUSTARD**

BBQ Chicken Wings **GLUTEN**

Crisp **MILK**

Cake **GLUTEN, MILK, EGG, SOYA**

Strictly Vegetarian Menu

Vegetarian Sandwiches **DETAILED AS ABOVE**

Breaded Mozzarella Sticks **GLUTEN, MILK, SOYA**

Spring Rolls **GLUTEN, SOYA, SESAME, CELERY**

Sweet Chilli Dip **MAY CONTAIN SESAME, PEANUTS, NUTS**

Mini Quiche **GLUTEN, MILK, EGG, MUSTARD**

Crisp **MILK**

Cake **GLUTEN, MILK, EGG, SOYA**

Classic Lunch Menu

Mini Rolls Meat Fillings **DETAILED AS ABOVE**

Mini Rolls Vegetarian Fillings **DETAILED AS ABOVE**

Honey & Mustard Sausages **GLUTEN, SOYA, SULPHITES, MUSTARD**

Cheese & Chive Potato Skins **MUSTARD, MILK**

Spring Rolls **GLUTEN, CELERY, SESAME, SOYA**

Sweet Chilli Dip **MAY CONTAIN SESAME, PEANUTS, NUTS**

Fresh Fruit Bowl **NONE**

Popcorn **NONE**

The Hatter Menu

Deli Rolls Meat Fillings **DETAILED AS ABOVE**

Deli Rolls Vegetarian Fillings **DETAILED AS ABOVE**

Southern Fried Chicken **GLUTEN, CELERY**

BBQ Sauce **GLUTEN, CELERY, SOYA, MUSTARD**

Sweet Potato Falafel **NONE**

Swedish Toast, Cream Cheese & Salmon **GLUTEN, MILK, FISH**

Mozzarella, Baby Tomato & Olive Stick **MILK**

Mini Quiche, **GLUTEN, MILK, EGG, MUSTARD**

Mixed Tray Bakes **GLUTEN, MILK, SOYA MAY ALSO CONTAIN PEANUTS, NUTS & EGG**

Crisp **MILK**

The Executive Menu

Bloomer Meat Fillings **GLUTEN, MILK, EGG, SOYA, MUSTARD, SULPHITES, FISH, CRUSTACEANS**

Bloomer Vegetarian Fillings **GLUTEN, MILK, EGG, SOYA, MUSTARD, SULPHITES**

Chicken Satay Sticks **SOYA, SESAME, PEANUTS, FISH**

Vegetable Samosas **GLUTEN, SOYA**

Mini Quiche **GLUTEN, MILK, EGG, MUSTARD**

Onion Bhajis **GLUTEN**

Sausage Rolls **WHEAT, MUSTARD, EGG, MILK**

Crisps **MILK**

Brownies **GLUTEN, MILK, EGG, SULPHITES**

Vegetarian Executive Menu

Bloomer Vegetarian Fillings **DETAILED AS ABOVE**

Mozzarella, Cherry Tomato & Basil Sticks **MILK**

Vegetable Samosas **GLUTEN, SOYA**

Mini Quiche **GLUTEN, MILK, EGG, MUSTARD**

Onion Bhajis **GLUTEN**

Vegetarian Sausage Rolls **GLUTEN, SOYA**

Crisp **MILK**

Brownies **GLUTEN, MILK, EGG, SULPHITES**

### The Healthy Low Carb Menu

Avocado, Egg & Olive Salad **EGG, MUSTARD**

Apple, Grape, Walnut & Celery Salad **NUTS, CELERY, MILK, EGG**

Cesar Salad **MILK**

Cesar Dressing **MILK, EGG**

Mackerel Platter **FISH**

Sliced Cheese Platter **MILK**

Lemon & Herb Chicken Skewers **NONE**

Tropical Fruit Platter **NONE**

### Classy Cuisine Menu

Sough Dough Baguettes Meat Fillings **DETAILED AS ABOVE**

Sough Dough Baguettes Vegetarian Fillings **DETAILED AS ABOVE**

Duck Spring Rolls **GLUTEN, SOYA, SESAME**

Sweet Chilli Steak Skewers **MAY CONTAIN SESAME, PEANUTS, NUTS**

Prawn & Chorizo Sticks **CRUSTACEANS**

Goats Cheese & Caramalised Red Onion **GLUTEN, MILK, EGG**

Cous Cous **GLUTEN**

Yoghurt & Mint Dip **MILK, SULPHITES**

Brie Wedges **MILK, WHEAT, SOYA**

Cheesecake **GLUTEN, MILK SOYA**

Welsh Fayre Menu

Rustic Breads Meat Fillings **DETAILED AS ABOVE**

Rustic Breads Vegetarian Fillings **GLUTEN, MILK, EGG, SOYA, MUSTARD, SULPHITES**

Welsh Egg Quiche **GLUTEN, MILK, EGG**

Honey & Sesame Welsh Sausages **GLUTEN, SOYA, SULPHITES, SESAME**

Welsh Rarebits **GLUTEN, MILK, MUSTARD**

Cockles, Leek & Bacon Tartlets **GLUTEN, EGG, MOLLUSC**

Bara Brith **GLUTEN, EGG, SOYA**

Welsh Cakes **GLUTEN, EGG, SOYA (USED IN FACTORY) SULPHITES**

Sliced Melon **NONE**

The Italian Menu

Mediterranean Sliced Meats **NONE**

Continental Cheeses **MILK**

Olives, Artichokes & Sun dried Tomatoes **NONE**

Focaccia Bread **GLUTEN, SOYA**

Olive Oil Dressing **MUSTARD**

Squid Stips **GLUTEN, MOLLUSCS, SOYA, CELERY**

Lemon Mayonnaise Dip **MILK, EGG**

Tricolore Pasta **GLUTEN**

Pizza Slices **GLUTEN, MILK**

Melon & Parma Ham **NONE**

Tiramasu **GLUTEN, MILK, EGG**

The VIP Menu

Sandwiches Meat Fillings **DETAILED AS ABOVE**

Sandwiches Vegetarian Fillings **DETAILED AS ABOVE**

Butterfly Prawns **CRUSTACEANS, WHEAT**

Seafood Dip **MILK, EGG**

Marinated Steak & Pepper Skewers **NONE**

Bourbon Glazed Baby Back Ribs **GLUTEN, CELERY, SOYA, MUSTARD**

Breaded Camembert **MILK,WHEAT,SOYA**

Tomato Chutney **CELERY, MUSTARD**

Bruschetta **GLUTEN**

New Potato &Dill Salad **MILK, EGG**

Greek Salad **MILK**

Mini Cake Assortment **GLUTEN, MILK, EGG, SOYA**

#### Packed Lunch Menu

Meat Sandwiches **AS ABOVE**

Vegetarian Sandwiches **AS ABOVE**

Crisp **MILK**

Cereal Bar **GLUTEN, SOYA, PEANUTS, NUTS**

Fruit **NONE**

Water **NONE**

#### Vegan Menu

Vegan Rolls Fillings **DETAILED AS ABOVE**

Vegan Prawn Style Pieces **DETAILED AS ABOVE**

Onion Rings **GLUTEN**

Sweet Potato Falafel **NONE**

Carrot Sticks **NONE**

Homous **SESAME**

Ready Salted Crisp **NONE (PROVIDED WITHIN PACK-PLEASE SEE DETAILS ON PACK)**



Fruit Kebab **NONE**

Dairy/ Lactose Free Menu

Sandwiches Meat **DETAILED AS ABOVE**

Sandwiches Vegetarian **DETAILED AS ABOVE**

Vegetable Crudites **NONE**

Homous **SESAME**

BBQ Chicken Wings **GLUTEN**

Flavoured Rice **NONE**

Mini Bruschetta **WHEAT**

Ready Salted Crisp **MILK**

Fruit Kebab Stick **NONE**

Gluten Free Menu

Rolls Meat Fillings **DETAILED AS ABOVE**

Rolls Vegetarian Fillings **DETAILED AS ABOVE**

Cucumber Wedge Topped with Cream Cheese & Smoked Salmon **FISH, MILK**

Chicken Strips **NONE**

Mozzarella Sticks **MILK**

Falafel Balls **NONE**

Ready Salted Crisp **MILK**

Fruit Kebab Stick **NONE**

Additional Items Menu

Sweet Potato Wedges **NONE** with Tomato Chutney **CELERY, MUSTARD (V)**, Chicken Souvlaki, **NONE**

Luxury Samosas(V) **NONE (May also contain Peanuts, Soya, Tree Nuts, Milk, Sulphites and Mustard)** Spanish Tortilla Wedges **EGG (V)**Tandoori Tikka Skewers **NONE (May contain Mustard, Peanuts and Nuts)** with Yoghurt and Mint Dip, **MILK, SULPHITES** Mixed Olives (V) **NONE**, Cheese and Bacon Potato Skins, **MUSTAR, MILK** Mediterranean Pizza Slices(V), **GLUTEN, MILK** Southern Fried Chicken **GLUTEN, CELERY & Bbq Sauce, CELERY,MUSTARD**

BBQ Chicken Wings, **GLUTEN** Quiche (V) **GLUTEN, MILK, EGG, MUSTARD** Sweet Chilli Steak Skewers **MAY CONTAIN SESAME, PEANUTS, NUTS**

**Salads Bowls** (Serves 10 people) £10.00 each + vat

Cous Cous & Roasted Vegetables Plump cous cous, mint, lemon & roasted peppers **GLUTEN**

Herbed Bean Salad A variety of beans, parsley, peppers & Spinach **MUSTARD, CELERY**

Waldorf Salad Celery, Walnuts, grapes & Red Apple, Dressed in Mayonnaise **CELY, NUTS, MILK EGG, MUSTARD**

Classic Potato Salad New Potatoes, Shallots, Capers & Parsley, dressed in Mayonnaise **MUSTARD, EG, MILK**

Greek Salad Cucumber, Ripe Tomatoes, Red Onions, Black Olives & Greek Feta **MILK**

Traditional Coleslaw Shredded Cabbage, Carrots and Onion in a Creamy Mayonnaise **MUSTARD, EGG, MILK**

**Charcuterie Board** £26.00 (Serves 10 people) plus vat Pate **NONE** Prosciutto, **NONE** Dry Cured Salami, **NONE** Sundried Tomatoes, **NONE**

Grapes, **NONE** Cornichons, **NONE** Chutney, **CELERY, MUSTARD** Gouda Cheese, **MILK** Brie **MILK** & Dried Figs **NONE** Accompanied with a Variety of Crackers and

Sliced Breads. **WHEAT, SOYA, SESAME**

**Traditional Cheeseboard** £28.50 (Serves 10 people) plus vat An array of Soft and Hard Cheeses, **MILK** Pickles, **CELERY, MUSTARD, SULPHITES** Fruit, **NONE**

Nuts, **NUTS** Crackers & Breads **WHEAT, SOYA, SESAME**